## **American Inspiration**

Thoughts for today and every day . . .

"Too many of our prejudices are like pyramids upside down. They rest on tiny, trivial incidents, but they spread upward and outward until they fill our minds." William McChesney Martin

"True knowledge is not attained by thinking. It is what you are; it is what you become." Sri Aubobindo

"It is our individual performances, no matter how humble our place in life may be, that will in the long run determine how well ordered the world may become." Paul C Packer

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"The most valuable things in life are not measured in monetary terms. The really important things are not houses and lands, stocks and bonds, automobiles and real estate, but friendships, trust confidence, embpathy, mercy, love, and faith." Bertrand Russell

## **American Update**

Happy St. Patricks Day to all and may the luck of the Irish come your way! We are headed to one of our most fun contest destinations this weekend in Santa Fe, New Mexico, where the teams can head up the slopes to ski either before or after the contest, shop on the plaza and dine in great restaurants. It is a once day competition so it allows for time to enjoy the beauty in the Sangre de Christo Mountains. Next week is our 2010 National/International Championship at the University of North Texas in Denton. There are over 125 teams including 20 college teams, as well as a guest team from Japan. We look forward to seeing many of you there. If you cannot attend, make sure to watch the live stream on our web site. www.DanceADTS.com

## **Inspiration of the Week** FINISH EACH DAY

Finish every day and be done with it. You have done what you could; some blunders and absurdities crept in; forget them as soon as you can. Tomorrow is a new day; You shall begin it serenely and with too high a spirit to be encumbered with your old nonsense.

-Ralph Waldo Emerson

This weekly message is generated from:

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