

#### Thoughts for today and every day . . .

"Education is all a matter of building bridges." Ralph Ellison

"I don't like work—no man does—but I like what is in work—the chance to find yourself. Your own reality—for yourself, not for others—what no other man can ever know." Joseph Conrad

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"Most workers have a great many strengths that they can rarely get to use. Strengths can be job skills and knowledge, general abilities, or personality characteristics. Research has found that every person can do at least one thing better than any other ten thousand people. There are, in fact, a great many hidden talents in every person." Dean Spitzer

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"When a person realizes their littleness, their greatness appears." H.G. Wells

## American Update

We are excited to announce that the Radio City Rockettes Christmas

Spectacular, that will be held in Austin at Bass Performance Hall, has allowed

American Dance/ Drill Team to extend a special invitation to a select group of
dance teams that will each be featured to perform an "opening act" on various dates of
the show. Featured teams will include the Kilgore College Rangerettes, Westlake
H.S. Hyline, Vandegrift H.S. Legacies, Ellison H.S. Emeralds, Burnet H.S.
Highlandettes and Lake Travis H.S. Cavalettes. If you plan to see the show in

Austin, make sure to go to our web site and order discounted tickets online: www.danceadts.com/rockettes.htm.

I found a great video on a simplified version of CPR that anyone can do. I was most impressed and feel that it is an important video for everyone to see. Remember, this simple step could save a life: <a href="http://medicine.arizona.edu/spotlight/learn-sarver-heart-centers-continuous-chest-compression-cpr">http://medicine.arizona.edu/spotlight/learn-sarver-heart-centers-continuous-chest-compression-cpr</a>

# Inspiration of the Week

#### **Truths For Mature Humans**

- 1. I think part of a best friend's job should be to immediately clear your computer history if you die.
- 2. Nothing stinks more than that moment during an argument when you realize you're wrong.
- 3. I totally take back all those times I didn't want to nap when I was younger.
- 4. There is great need for a sarcasm font.
- 5. How in the world are you supposed to fold a fitted sheet?
- 6. Was learning cursive really necessary?
- 7. Map Quest really needs to start their directions on # 5. I'm pretty sure I know how to get out of my neighborhood.
- 8. I can't remember the last time I wasn't at least kind of tired.
- 9. Bad decisions make good stories.
- 10. You never know when it will strike, but there comes a moment at work when you know that you just aren't going to do anything

productive for the rest of the day.

- 11. Can we all just agree to ignore whatever comes after Blue Ray? I don't want to have to restart my collection...again.
- 12. I'm always slightly terrified when I exit out of Word and it asks me if I want to save any changes to my 10-page technical report that I swear I did not make any changes to.
- 13. I keep some people's phone numbers in my phone just so I know not to answer when they call.
- 14. How many times is it appropriate to say "What?" before you just nod and smile because you still didn't hear or understand a word they said?
- 15. I love the sense of camaraderie when an entire line of cars team up to prevent a jerk from cutting in at the front. Stay strong, brothers and sisters!
- 16. Shirts get dirty. Underwear gets dirty. Pants? Pants never get dirty, and you can wear them forever.
- 17. Sometimes I'll look down at my watch 3 consecutive times and still not know what time it is.
- 18. Even under ideal conditions people have trouble locating their car keys in a pocket, finding their cell phone, and *Pinning the Tail on the Donkey* but I'd bet everyone can find and push the snooze button from 3 feet away, in about 1.7 seconds, eyes closed, first time, every time!

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