

### Thoughts for today and every day . . .

"We can always find something to be thankful for, no matter what may be the burden of our wants, or the special subject of our petitions." Albert Barnes



"There's none so blind as those who won't see." English proverb



"Greatness is a two-faced coin—and its reverse is humility." Marguerite Steen



"When one will not, two cannot quarrel." Spanish proverb



"If you want to turn your life around, try thankfulness. It will change your life mightily." Gerald Good

### **American Update**

As we near the Christmas holidays, let us all give pause to remember the reason for the season. It is not only a time for gift giving, but a time to remember those that may be troubled or in need of a kind word or positive thought. Give the gift that costs nothing. Say something positive today to ten people and the rewards will be endless.

May God bless each of you, your families, your co-workers, your school or your team this Christmas. Have a safe and restful time off and enjoy the time spent together. This will be the final American Inspiration for 2009. May you have a great outlook towards 2010 and we hope to see each of you in the coming year at a competition or summer camp! Merry Christmas and Happy 2010!

## Inspiration of the Week

# Let Us Seek God's Guidance In The New Year By Helen Steiner Rice

As the threatening clouds of chaos Gather in man's muddled mind While he searches for an answer He alone can never find, May God turn our vision skyward So that we can see above The gathering clouds of darkness And behold God's brightening love— For today we're facing problems Man alone can never solve. For it takes much more than genius To determine and resolve The conditions that confront us 'All around on every side, Daily mounting in intensity Like the restless, rising tide— But we'll find new strength and wisdom If instead of proud resistance We humbly call upon the Lord And seek Divine Assistance. For the spirit can unravel Many tangled, knotted threads That defy the skill and power Of the world's best hands and heads— And the plans of growth and progress Of which we all have dreamed Cannot survive materially Unless the spirit is redeemed-So as another new year dawns Let us seek the Lord in prayer And place our future hopes and plans Securely in God's care.

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