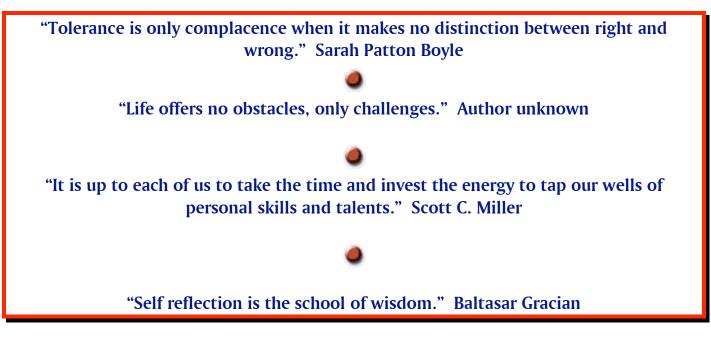


Thoughts for today and every day . . .



## **American Update**

The All Americans and Honorable Mentions had a great performance at the **SMU Football Extravaganza** last Saturday evening in Dallas. It was a great performance enjoyed by a crowd over over 6,000. Congratulations to each of you that were part of this successful performance!

For those of you that would still like to be a part of a special event, the **Capital One Bowl** in Orlando, Florida, is still taking registration for a limited number of spots until **October 26<sup>th</sup>**. Make sure to visit our web site and go to the Special Events page for a registration link.

**Hotel space** is booking quickly for many events including our National/International Championship. We have a special page linked to our contest page under American National Championship that will give you a list of hotels that have call in room blocks. You can also contact **Judy, with ATS Tours and Travel** (ats@atstoursandtravel.com), for information on group travel and travel packages to all of our events for 2010.

## Inspiration of the Week

## GOD GRANT ME THE SENILITY TO FORGET THE PEOPLE I NEVER LIKED ANYWAY, THE GOOD FORTUNE TO RUN INTO THE ONES I DO, AND THE EYESIGHT TO TELL THE DIFFERENCE.

## Now that I'm 'older' (but refuse to grow up), here's what I've discovered:

- I. I started out with nothing, and I still have most of it.
- 2. My wild oats have turned into prunes and All Bran
- 3. I finally got my head together; now my body is falling apart.
- 4. Funny, I don't remember being absent minded.
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- 5. All reports are in; life is now officially unfair.
- 6. If all is not lost, where is it?
- 7. It is easier to get older than it is to get wiser.
- 8. Some days you're the dog; some days you're the hydrant.
- 9. I wish the buck stopped here; I sure could use a few...
- 10. It's hard to make a comeback when you haven't been anywhere.
- 11. The only time the world beats a path to your door is when you're in the bathroom.
- 12. If God wanted me to touch my toes, he would have put them on my knees.
- 13. When I'm finally holding all the cards, why does everyone decide to play chess?
- 14. It's not hard to meet expenses... they're everywhere.
- 15. The only difference between a rut and a grave is the depth.
- 16. These days, I spend a lot of time thinking about the hereafter. I go somewhere to get something and then wonder what I'm here after.

This weekly message is generated from:

Joyce Pennington, Pres. CEO 🛚 American 🛪 🛪 🛪 🖈 Dance/Drill Team 🗙 🖈 \_\_\_\_ \* \* \* \* \* \* \* \* \* \*

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