

American Weekly Inspiration

Thoughts for today and every day:

"Most of us know how to say nothing; few of us know when."

author unknown

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"If you backpedal, you will lose; if you sprint, at least you have a shot at winning."

Skip Prosser (1950-2007) college basketball coach

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"Keep the other person's well being in mind when you feel an attack of soul-purging truth coming on."

Betty White, actress

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"Hold a true friend with both hands." African proverb

American Update:

This weekend will be the **United Dance Merchants Association Resource and Costume Preview Show** at the Plano Convention Center (Dallas area). You can see many of the top dancewear vendors and have some great workshops as well. You can learn more at http://udma.org/.

If you need your dance classes to do some research for a written paper, send them to our **Education Support Page** where they will find hundreds of articles (http://www.danceadts.com/edsupport.htm). There is also a link for your high school seniors to access a list of college dance team programs and information as well.

Inspiration of the Week:

More things I have learned . . .

I've learned.... That the best classroom in the world is at the feet of an elderly person.

I've learned.... That when you're in love, it shows.

I've learned.... That just one person saying to me, 'You've made my day!' makes my day.

I've learned.... That having a child fall asleep in your arms is one of the most peaceful feelings in the world.

I've learned.... That being kind is more important than being right.

I've learned.... That you should never say no to a gift from a child.

I've learned.... That I can always pray for someone when I don't have the strength to help him in some other way.

I've learned.... That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

I've learned.... That sometimes all a person needs is a hand to hold and a heart to understand.

I'velearned.... That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned.... That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.

I've learned.... That we should be glad God doesn't give us everything we ask for.

I've learned.... That money doesn't buy class.

I've learned.... That it's those small daily happenings that make life so spectacular.

I've learned... That under everyone's hard shell is someone who wants to be appreciated and loved.

I've learned.... That to ignore the facts does not change the facts.

I 've learned.... That when you plan to get even with someone, you are only letting that person continue to hurt you.

I've learned.... That love, not time, heals all wounds.

I've learned.... That the easiest way for me to grow as a person is to surround myself with people smarter than I am.

I've learned.... That everyone you meet deserves to be greeted with a smile.

I've learned.... That no one is perfect until you fall in love with them.

I've learned... That life is tough, but I'm tougher.

I've learned.... That opportunities are never lost; someone will take the ones you miss.

I've learned.... That when you harbor bitterness, happiness will dock elsewhere.

I've learned.... That I wish I could have told my Mom that I love her one more time before she passed away!!!! Boy is this true!

I've learned.... That one should keep his words both soft and tender, because tomorrow he may have to eat them.

I've learned.... That a smile is an inexpensive way to improve your looks.

I've learned.... That when your newly born grandchild holds your little finger in his little fist, that you're hooked for life.

I've learned.... That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

I've learned.... That the less time I have to work with, the more things I get done.

This weekly message is generated from:

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