



Greetings special friends,

January is passing by quickly as we head into our second weekend of contests with a great event in Olathe, Kansas. Visit our web site for schedules, dates and locations of events this contest season (www.DanceADTS.com).

Here are some thoughts for the day:

"The roads we take are more important than the goals we announce.

Decisions determine destiny." Frederick Speakman

"Life is raw material. We are artisans. We can sculpt our existence into something beautiful, or debase it into ugliness. It's in our hands.

Cathy Better

"The grudge you hold onto is like a hot coal that you intend to throw at someone, but you're the one who gets burned."

Siddhartha Guatama (c. 563-c. 483 B.C.) founder of Buddhism

"Time is the only critic without ambition."
John Steinbeck (1902-1968) writer

After getting the first contest behind us, I am reminded that it is ultimately important for every director to review the song lyrics of the music that has been selected to use at competition. There can be hidden words or meanings that can be offensive or inappropriate. The best thing to do is to be sure and go to www.songlyrics.com to check out the words and be safe.



Everyone loves to sparkle at contest. After you have added the beautiful **Biogime makeup** (**Biogcorp@aol.com**) and sparkle to your face, it's time to add that sparkle to your costumes. I

found a great resource for Austrian crystals from Shannon Harty at Westlake HS. It is **Rhinestones Unlimited** (800/340-3525). They have an enormous variety and the best prices. They also have some great glue that will glue those stones right on any fabric. To raise money for all of that, you need a variety of fundraisers. Here is a new one that I heard about this week:

Looking for a great Fundraiser? It's fast & easy, NO SELLING. Earn thousands!! To learn more please visit www.angieslist.com/



Everyone loves a hug, a pat on the back, or even a snuggle. Below is a short passage that will brighten your day and that of a friend when you pass it on. May you have a blessed week, and, as always, please *keep in touch*.

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Sincerely,

Joyce E. Pennington, Pres. CEO

American Dance/Drill Team

www.DanceAD7S.com

800|462-5719



YOU'VE BEEN SNUGGLED

Be sure to pass this snuggle along to others!

I wish for you...

Comfort on difficult days,

Smiles when sadness intrudes,

Rainbows to follow the clouds,

Laughter to kiss your lips,

Sunsets to warm your heart,

Gentle hugs when spirits sag,

Friendships to brighten your being,

Beauty for your eyes to see,

Confidence for when you doubt,

Faith so that you can believe,

Courage to know yourself,

Patience to accept the truth,

And love to complete your life.

I asked the Lord to bless you

As I prayed for you today

To guide you and protect you

As you go along your way...

His love is always with you

His promises are true,

You know He will see us through.

So when the road you're traveling on

Seems difficult at best

God will do the rest.