



American Inspiration

Thoughts for today and every day . . .

“The most delightful surprise in life is to suddenly recognize your own worth.” Maxwell Maltz



“To the question of your life, you are the only answer. To the problems of your life, you are the only solution” Jo Coudert



“Either you deal with what is the reality, or you can be sure that reality is going to deal with you.” Alex Haley



“Half of our life is spent trying to find something to do with the time we have rushed through life trying to save.”
Will Rogers

American Update

The American Inspiration is coming a day later than usual. We had some terrible floods here in Central Texas. Our home and office was spared with only minor damage, but so many homes and businesses were destroyed. We spent the day Wednesday lending a helping hand to those that were hurt the worst. Make sure that you are a ‘good neighbor’ to always be able to help others. It is truly a gift to yourself as you experience the joy and satisfaction of ‘giving.’

The fall season of the year brings a new ‘start’ to those who live in the ‘educational world’ that involves school activities. There are so many activities, including football, fundraising, planning for the ‘big trip’ and more. Make sure to check out so many different dance team related businesses on www.DanceUSA.com. Patronize the companies that support the dance/drill team industry.

Inspiration of the Week

Ten Common Sense Rules of Human Relations

- * Speak to people. There's nothing as nice as a cheerful greeting.
- * Smile at people. It takes 112 muscles to frown and only 13 to smile.
- * Call people by their name. The sweetest music to the ears is one's own name.
- * Be friendly and helpful. Radiate friendship and it will be returned tenfold.
- * Be cordial. Speak and act as if everything you did were a pleasure.
- * Be genuinely interested in people.
- * Be generous with praise, cautious with criticism.
- * Be considerate with the feeling of others; it will be appreciated.
- * Be thoughtful of others opinions. There are three sides to every controversy - yours, the others - and the right one.
- * Be alert to give service. What counts a great deal in life is what we do for others. - Dale Carnegie

This weekly message is generated from:

Joyce Pennington, Pres. CEO


American ★★★★★
Dance/Drill Team ★★
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