



## *American Weekly Inspiration*

### **Thoughts for today and every day:**

**“Never hesitate to ask for help. No one succeeds alone.” Micheline Bouchard,  
business executive**

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**“It is not genius, no glory, nor love that reflects the greatness of the human soul; it is  
kindness.” Jean-Baptiste-Henri Lacordaire (1802-1861)**

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**“Think for yourselves and let others enjoy the right to do the same.” Voltaire  
(Francois-Marie Arouet) 1694-1778, philosopher and writer**

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**“You may not have saved a lot of money in your life, but if you have saved a lot of  
heartaches for other folks, you are a pretty rich person.” Seth Parker**

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**“You only live once – but if you work it right, once is enough.” Joe E. Louis, boxer**

### **American Update:**

We head into our first contest this weekend at beautiful South Padre Island. As the rest of the nation shivers in the ice age, we will be on the sunny beaches of the island in the convention center. With contests all gaining strength, now is the time to pre-register for the contests your team will attend by going to our web site at [www.DanceADTS.com](http://www.DanceADTS.com) where you can also find lots of additional information about our events.

For those of you that are looking ahead to summer camps, our 2009 summer camp dates and locations are online ready for you to view. Prices will be posted and the online pre-registration form will be up and running by the end of January. You can also request a bid for your private camp for your team if you have an estimate of team members. We look forward to seeing many of you this summer.

## Inspiration of the Week: Be a Winner

Winners take chances.

Like everyone else, they fear failing,  
but they refuse to let fear control them.

Winners don't give up.

When life gets rough, they hang in until  
the going gets better.

Winners are flexible.

They realize there is more than one way  
and are willing to try others.

Winners know they are not perfect.

They respect their weaknesses  
while making the most of their strengths.

Winners fall, but they don't stay down.

They stubbornly refuse to let a fall  
keep them from climbing.

Winners don't blame fate for their failures  
nor luck for their successes.

Winners accept responsibility for their lives.

Winners are positive thinkers  
who see good in all things.

From the ordinary, they make the extraordinary.

Winners believe in the path they have chosen  
even when it's hard,  
even when others can't see  
where they are going.

Winners are patient.

They know a goal is only as worthy  
as the effort that's required to achieve it.

Winners make this world to a better place be.

---Nancy Smith