



## American Weekly Inspiration

### Thoughts for today and every day:

“Always remember that striving and struggling precede success, even in the dictionary.” Sarah Ban Breathnach, writer

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“Stop asking if the glass is half full or half empty. Instead, ask ‘What’s in it? How did it get there? What can I do with it?’ “

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“If you want to motivate people, show them first how highly motivated you are. I always want people to work with me, not for me.” Billy Cunningham

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“Make the most of every failure. Fall forward.” author unknown

### American Update:

Many of your individual dancers are always striving to reach a higher level, whether it is an officer position or just to be a better performer. Our summer **Jazz Camps** are a wonderful venue for the average dancer, 4th grade through college, to elevate their skill to the next level. Each three day commuter camp will have dance intensive workshops and routines including technique rotations that will give personal attention to each camp participant to help them improve their skills. Make sure to visit our web site for more information about summer Jazz Camps. [www.DanceADTS.com](http://www.DanceADTS.com)

We just returned from the Texas Hill Country with our dance intensive weekend and look forward this summer to having our first summer dance camp at **Camp Buckner Hill Country Retreat**. The Colorado River Valley is a fabulous setting for this beautiful retreat where your team will not only learn great dance routines but be inspired by nature and the joy of being together as a team. Learn more about this and other summer camps on our web site.

### Inspiration of the Week:

## 20 of the most important things you need to know

1. Love starts with a smile, grows with a kiss, and ends with a tear.

2. Don't cry over anyone who won't cry over you.
3. Good friends are hard to find, harder to leave, and impossible to forget.
4. You can only go as far as you push.
5. Actions speak louder than words.
6. The hardest thing to do is watch the one you love, love somebody else.
7. Don't let the past hold you back, you're missing the good stuff.
8. Life's short. If you don't look around once in a while you might miss it.
9. A BEST FRIEND is like a four leaf clover, HARD TO FIND and LUCKY TO HAVE.
10. Some people make the world SPECIAL just by being in it.
11. BEST FRIENDS are the siblings God forgot to give us.
12. When it hurts to look back, and you're scared to look ahead, you can look beside you and your BEST FRIEND will be there.
13. TRUE FRIENDSHIP "NEVER" ENDS. Friends are FOREVER.
14. Good friends are like stars....You don't always see them, but you know they are always there.
15. Don't frown. You never know who is falling in love with your smile.
16. What do you do when the only person who can make you stop crying is the person who made you cry?
17. Nobody is perfect until you fall in love with them.
18. Everything is okay in the end. If it's not okay, then it's not the end.
19. Most people walk in and out of your life, but only friends leave footprints in your heart.
20. Remember, every minute spent angry is sixty seconds of happiness wasted.

This weekly message is generated from:

**American Dance/Drill Team®**

Joyce Pennington, Pres. CEO

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