

APTS Team Camp

WAXAHACHIE DANCE INTENSIVE



Waxahachie One-Day Dance Intensive Schedule

July 26, 2025 • Waxahachie HS

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| 8:30-9:00am | Registration |
| 9:00-9:30am | Introductions, Stretch, & Explanation of Morning Routines |
| 9:30-11:00am | Session #1 Routines |
| 11:00-11:15am | Show-Off Routines & Ribbons Presented |
| 11:15-12:00pm | Leaps & Turns Combos (Int & Adv options) + Team Building |
| 12:00-12:45pm | Lunch |
| 12:45-1:00pm | Stretch & Explanation of Afternoon Routines |
| 1:00-2:30pm | Session #2 Routines |
| 2:30-2:45pm | Show-Off Routines & Ribbons Presented |
| 2:45-4:15pm | Session #3 Routines |
| 4:15-4:30pm | Show-Off Routines & Ribbons Presented |
| 4:30-4:45pm | Team Building & Motivational Activities |
| 4:45-5:00pm | Closing Words |

Session #1:

1. Pep Rally Jazz

Session #2:

2. Pep Rally Pom

Session #3:

3. Pep Rally Hip Hop