

# APTS Team Camp

## VALLEY DANCE CAMP



**June 19-21, 2025 • Valley Dance Camp • PSJA Memorial HS**

### DAY 1

8:30-9:00AM	Registration • PSJA Memorial HS
9:00-9:15AM	Introductions & Stretching
9:15-10:00AM	Dance Technique Workshop (Int & Adv options)
10:00-12:00PM	Camp Dance & Kick Series (Alexis)
10:15-11:00AM	Directors Meeting to Review Camp Procedures (Miriam)
12:00-1:00PM	Lunch (on your own or pre-order in advance)
1:00-1:15PM	Team Building - TEAM BUILDING Activity (Miriam/Alexis)
1:15-3:30PM	Routine Session #1
2:00-2:45PM	Directors Workshop w/ Miriam
3:45-4:30PM	Home Routine Show-Off ( <i>Optional</i> )
4:30-5:15PM	Kick Off for Kick Co. & Miss High Kick ( <i>Optional</i> )
5:15-5:30PM	Awards of the Day

### DAY 2

9:00-9:30AM	Stretch and Camp Dance Review
9:30-12:00PM	Routine Session #2
9:30-10:30AM	Directors Workshop w/ Miriam
12:00-1:00PM	Lunch (on your own or pre-order in advance)
1:00-3:30PM	Routine Session #3
2:00-2:45PM	Directors Workshop w/ <i>Guest Presenter</i> - Gracy Vela
3:30-4:45PM	<i>Guest Dance Master Class</i> - Yesenia January, RGV Vipers
4:45-5:15PM	Team Building/Awards of the Day

### DAY 3

9:00-9:15AM	Stretch and Camp Dance Review
9:15-11:00AM	<b>BONUS</b> Routine Session #4 (or optional practice time)
9:30-10:00AM	Directors – Check-in with Miriam for Final Evaluation Info
11:15-12:15PM	Auditions for All American/Honorable Mention/Jr. All American
12:15-1:00PM	Lunch (on your own or pre-order in advance)
1:00-1:30PM	Prepare for Final Evaluations
1:30-3:00PM	Routine Evaluation (Feature and/or Camp Dance)
3:00-3:15PM	Team Building & Motivation
3:15-3:45PM	Awards & Farewells

# 2025 Valley Dance Camp



## Participating Teams:

IDEA Weslaco Varisty Lariettes

Vanessa Castro

IDEA Weslaco JV Prancers

Clarissa Flores

IDEA Weslaco Elem Golden Spurs

Clarissa Flores

McAllen Memorial HS Prancers

Olympia DeLeon

Nikki Rowe HS Tiaras

Susan Thomas/Gloria Garcia

PSJA HS Bearettes

Victoria Castaneda

PSJA Memorial HS Dazzlers

Eileen Ozuna

PSJA North HS Raiderettes

Joey Aguillon

## Team Camp Routines:

### **Routines for Session #1**

1. Pep Rally Hip Hop "Sticky" - Alexis
2. Int Jazz "Waiting for Tonight" - Consuelo
3. Int Pom "All I Do Is Win" - Tariana

### **Routines for Session #2**

4. Beg Hip Hop "Welcome to the Party" - Consuelo
5. Int/Adv Pom "Work Mix" - Karlee
6. Adv Jazz "I'm Outta Love" - Alexis

### **Routines for Session #3**

7. Pep Rally Jazz "Another One Bites the Dust" - Tariana
8. Beg/Int Lyrical "Maybe" - Conseulo
9. Adv Pom "Pitbull Mix" - Karlee

### **BONUS Routines for Session #4**

10. Pep Rally Jazz "Showstopper" - Alexis
11. Pep Rally Hip Hop "ExtraL" - Izmeth
12. REVIEW/PRACTICE session to prepare for final evaluations

**You're invited to participate in the  
Macy's Thanksgiving Parade!  
Code: AMERICAN**

