



## One-Day Dance Intensive Schedule

**Morton Ranch HS – Tuesday, July 31, 2018**

8:30-9:00am	Registration
9:00-9:15am	Introductions, Stretch, & Explanation of Morning Routines
9:15-10:45am	<b>Routines #1-3</b>
10:45-11:00am	Show-Off Routines & Ribbons Presented
11:00-11:15am	Kick Series for Kick Company/Miss High Kick Auditions
11:15-12:00pm	Leaps & Turns Combos (Int & Adv options) + Team Building
12:00-12:45pm	Lunch (pre-order OR on your own)
12:45-1:30pm	“Dance After High School” and “Social Media” Workshops
1:30-1:45pm	Stretch & Explanation of Afternoon Routines
1:45-3:15pm	<b>Routines #4-6</b>
3:15-3:30pm	Show-Off Routines & Ribbons Presented
3:30-4:00pm	Auditions for Kick Company/Miss High Kick
4:00-4:15pm	Team Building & Motivational Activities
4:15-4:30pm	Awards & Farewells



### AM Routines:

- 1.
- 2.
- 3.

### PM Routines:

- 1.
- 2.
- 3.

