



American Collegiate Dance Intensive

**A One Day Dance Intensive for college
level teams, or individuals seeking to
audition for college or pro teams**

**Tuesday, July 31st
Richardson Renaissance Hotel**

Schedule

8:30-9:00AM	REGISTRATION – Ballroom Lobby
9:00-9:30AM	Introductions (Joyce) & Stretching (Kristen)
9:30-10:30AM	Dance Routines #1-2 (Mallory & Kristen)
10:30-10:45AM	Show-off Routines/Coaches May Video
10:45-11:30AM	Tags & Sidelines (Kristen)
11:30-12:00PM	Tricks & Technique (Mallory)
12:00-1:00PM	Lunch served in restaurant
1:15-1:30PM	Stretch and warm up (Kristen)
1:30-2:30PM	Dance Routines #3-4 (Mallory & Jenny/DCRB)
2:30-2:45PM	Show-off Routines/Coaches May Video
2:45-3:45PM	Dance Routines #5-6 (Jenny/DCRB & Kristen)
3:45-4:00PM	Show-off Routines/Coaches May Video
4:00-4:30PM	The “Pro-fessional View” – meet with Pro Team dance coaches and directors for more information on professional dance opportunities: Dallas Mavericks Dancers, Dallas Cowboys Rhythm & Blue, Texas Legends, and more!
4:30-4:45PM	Door Prizes • Closing words



**March 23, 2019
University of North Texas
Denton, TX**