

# APTS Officer Camp

## 2024 SOCIAL OFFICER SUPPLIES



**Social officers will need to bring all materials needed; there will not be any shared items available for community use at camp locations this summer.**

### **What to Bring to One-Day Intensive:**

- ❖ 1 motivational game – Please bring a printed copy and the file on a flash drive with the rules and how to play to share! We will compile all the games on a flash drive to share with each group to take back to your team
- ❖ 1 team party idea
- ❖ Any year team scrapbook or digital scrapbook
- ❖ New team list with birthdays and squads/companies
- ❖ Current pictures (if any) for scrap-booking
- ❖ Football schedule for this fall
- ❖ 1” 3 ring binder that has a clear view cover (to slide in sheet of paper)
- ❖ Digital Camera or phone camera (bring cord to connect to computer) - OPTIONAL
- ❖ Cricut/Silhouette machine - OPTIONAL
- ❖ One laptop computer or tablet (if you have one that your group can share), with EXCEL and WORD software
- ❖ Crafts for spirit gift (SEE BELOW)
- ❖ Any creative supplies you may need...
  - o Markers
  - o Scissors
  - o Pencils & erasers
  - o Ruler
  - o Team Photos or Logos
  - o Poster boards
  - o Any theme decorations

### **Seminar #1: “Design Your Shine”**

- ❖ We will discuss the specifics of their role on the team.
- ❖ How are they different from dance/military officers?
- ❖ What can you take from the new social officers and build upon or learn from?

### **Seminar #2: “Sustain Your Shimmer”**

- ❖ Discuss the importance of a year-long calendar and planning ahead.
- ❖ Discuss important party planning tips:
  - o Plan ahead
  - o Always check with director before making any plans
  - o Organize all key points: Place, Time, Cost
  - o Keep all members informed in a timely manner. NO LAST MINUTE CHANGES!  
(Or do your best not to!)
- ❖ Discuss the importance of motivation and motivational activities on the team.
- ❖ How often should you plan motivational activities?
- ❖ Make sure to put a positive spin on all activities!
- ❖ What do we need to do as an officer line to bring back what was lost over last year?
- ❖ What traditions were lost that need to return?

### **Seminar #3: “Share Your Sparkle!”**

- ❖ Discuss the importance of promoting your team.
- ❖ Does your team have a website/social media platform?
  - o Who is responsible for the website? Social media?
  - o What are rules and guidelines for teammates on social media?
- ❖ Team History:
  - o Does your team have a scrapbook?
  - o Who is responsible for taking pictures?
  - o Will your book have a theme? Your year have a theme?
  - o Will you allow team members to contribute to the book?
  - o When do you want it to be completed?
- ❖ Opposing team gifts:
  - o Discuss the importance of sportsmanship amongst your team.
  - o Does your district have any rules against bringing a team gift to exchange?
  - o Discuss a budget for each week's gifts.
- ❖ Team spirit gifts:
  - o How often should you exchange gifts?
  - o If you have big/lil sisters, how often do you exchange? Is there a price limit? Do you plan ahead or give themes for gift ideas?
  - o Candy grams – cheap, motivational gift for football games.

❖ Community Service Projects:

- o Unique ways you can 'give back' to your community.
- o Make donations for a cause in lieu of opposing team gifts.
- o Awareness performance at pep rally (Kick for Kindness, etc).

**Seminar 4: "Shine Your LIGHT"**

- **L - lead, I - integrity, G - genuine, H - humility, T - teachable**
- Why did you decide to become a social officer? Find your WHY!
  - o Start Strong, Finish Strong.
  - o What can you do to stay motivated after football season?
  - o How can you work with your director to ensure her goals and your social officer line goals are accomplished?
- Create your GOALS for the year with your officer line!
  - o How can you **LEAD** your team to excellence?
  - o What are the values of your team? How do you show **INTEGRITY** when faced with challenges and obstacles throughout the year?
  - o How can you show **GENUINE** support, service, and encouragement to your team, director(s), and community?
  - o **HUMILITY** : begin by asking yourself "What can I give?", not "What can I get?"  
How can you serve your team throughout the entire year?
  - o Be **TEACHABLE**. Admit it, Fix it, Learn from it. No one is perfect. How can you work together with your other social officers to be better each and every day?
- **Shine Your Light Activity**
  - o Each social officer will get a strip of paper.
  - o Write what strengths you bring to the social officer line, share with your group, place the piece of paper in the light bulb.
  - o Supplies: Light bulbs, paper, ribbon
  - o *When you return from camp*: All team members can contribute and have their own light bulb to fill and hang in your dance studio, locker room, or practice space!

## **Supplies Needed for Spirit Gift**

### **DIY Gift bag (spirit gift)**

- Make-up/carry-all pouch (one per social officer)
- Chenille letters
- Iron for letters
- Any other ribbons/decor for bag
- You will create a bag for your team, officer line, sister, etc...
- This could also be used for an opposing team gift idea.



## **Supplies Needed for Additional Projects**

**These supplies are NOT needed for the intensive!!**  
**Please use these ideas and create these items on your own time.**

### **Team Tackle Box (opposing team gift idea)**

- Clear tackle box
- Paints, ribbons, stencils etc to decorate box.
- Things to put in tackle box:
  - Hair ties
  - bobby pins
  - mini hair spray
  - breath mints
  - small feminine products
  - band-aids
  - personal size hand sanitizer
  - Anything else you want to include!



### **DIY Sunglasses**

- Sunglasses
- Beads of various types: letters, shapes, colors, etc.
- Glue

*This can be a fun activity for your social officers to try at home!*  
*Would be great for team bonding or a team gift later in the year.*



## Step 1. Reflect



As an officer, what is one of your best qualities?  
How do you make your team Shine?

## Step 3. Plan



Plan this activity with your team as an opportunity to bond, and make sure everyone has their own lightbulb to fill it up with their amazing qualities!

Shine



## Step 4. Implement



All team members will reflect, share, and then you can build your lightbulb wall decor!

## Step 2. Share



Share your best quality with your Officer Line and place your written qualities inside the lightbulb! Remember that all of you are needed to make the lightbulb turn on!

Bright



We're in this Together!

We all can shine individually, but if one lightbulb goes out, it affects everyone! All lightbulbs are needed to keep the lights on!