

# Galveston Officer Camp



## Day 1

- 8:30-9:15 Registration-Convention Center Lobby  
9:30-12:00 Greetings, Stretching, Camp Dance, Kick Series - Expo A  
9:45-11:00 Directors Camp Information Meeting and Review Camp DVD and Camp Schedule -Ivy Rm  
12:00-1:00 Lunch provided- Expo A (Hamburgers & Hot Dogs, chips, lemonade, cookies)  
1:30-2:00 *Life Lessons in Leadership* conference #1 (will divide into smaller groups)  
a. Networking and Peer Connection – Sarah Barland & Tasha Evans  
b. Great Practice Habits- Meredith Walraven & Miriam Vera  
2:00-4:30 Officer Dances #1-4 \*Social Officers “Know Your Roll” - Alice Henrichsen  
4:30-5:00 *Life Lessons in Leadership* conference #2  
c. Organization and Time Management- Jennifer Hodge & Angela Falcone  
d. Inspiration vs. Motivation - Miriam Vera & Brittany Watkins  
5:00-6:00 Dinner provided - Expo A (Italian Buffet with pasta, choice of sauces, salad, dessert, lemonade)  
6:00-10:00 American Store open  
7:00-8:30 Home Routine/Talent Night (Turn in music at 6:45) - Expo A  
8:30-9:15 Miss High Kick  
9:15-9:45 “Developing Creative Choreography” and Choreography Assignment  
9:45-10:00 Team Building Activity and Awards  
Meet with Staff Buddy: Question/Answer on Choreography Assignment  
10:00pm Quiet in hotel lobby and hallways - Convention Center closes

## Day 2

- 8:15-9:00 Breakfast on your own  
9:00-10:30 Technique Workshop #1 – (combinations) \*Social Officers-Review Camp Dance - Tasha  
10:30-11:45 Directors Corner – “Putting Your Best Face Forward” with Beth Royal + Cathy Wheat Designs-Ivy  
10:30-11:00 *Life Lessons in Leadership* conference #3  
e. The Energy Bus by John Gordon -Tasha Evans & Sarah Barland  
f. Fish by Stephen C. Lundin, Harry Paul, John Christiansen -Alice & Jennifer  
11:30-12:00 Dance Officer Seminar “Teaching and Polishing” (Divide into 3 areas)  
12:00-1:00 Lunch provided- Expo A (Salad, Pizza assortment, cookies, lemonade)  
1:30-4:00 Officer Dances #5-8 \*Social Officers – “Spirit and Motivation”  
1:45-2:45 Directors Corner “Bling it On” with Joyce Pennington & Kara Guinn-Ivy Room  
4:15-5:00 Choreography Observations with Staff  
(All buddy teams meet with staff buddy in same area. All teams will be working on choreography with staff observing and making suggestions during the allotted time.)  
4:15-5:00 Directors Observation Time During Choreography Time  
5:00-6:00 Dinner provided -Expo A (Chicken Tenders, Salad, dessert, lemonade)  
5:00-6:30 American Store Open  
6:45-9:00 Officer Dances #9-12 \*Social Officers – “Creating Your Team’s Legacy”  
7:00-8:00 Directors Corner – Informal ‘round table’ about travel, choreography, contests, etc.-Lobby  
9:00-9:15 Team Building and Awards with Staff Buddy  
9:15-10:00 Free practice time - Convention Ctr closes at 10:00pm

## Day 3

- 8:15-9:00 Breakfast on your own  
9:00-10:00 Technique Class #2 Levels 1,2,3 (Show-off combinations, plus descriptions below)  
\*Social Officers “Scrap-booking and Team History”  
10:00-10:30 Review Camp Dance or practice Feature Dance

- 10:30-12:00 Practice on Your Own and check out of hotel (store luggage in Expo A or take to vehicle)  
 10:00-10:30 Directors Corner – “Problem Solving With Students and Parents” -Ivy Room  
 12:00-1:00 Lunch provided- Expo A (Turkey or Ham and Cheese Hoagies with chips, lemonade, cookies)  
 1:15 Names Taken for AA Auditions  
 1:30-2:00 Auditions for AA  
 2:00-4:00 Creative Choreography and Dance Evaluation  
 Social Officer Song/Skit  
 4:00-4:30 Awards and Farewells



## Officer Dances

### Session 1

- |                           |                     |                  |
|---------------------------|---------------------|------------------|
| 1. “It Won’t Be Long Now” | Int. Character Jazz | Jennifer Hodge   |
| 2. “Outta My Head”        | Int. Pom            | Brittany Watkins |
| 3. “Bass Creator”         | Int./Adv. Military  | Angela Falcone   |
| 4. “Beautiful”            | Int. Hip Hop        | Tasha Evans      |

### Session 2

- |                      |                  |                  |
|----------------------|------------------|------------------|
| 5. “Back in the Day” | Int. Pom         | Jennifer Hodge   |
| 6. “Slow Me Down”    | Int./Adv. Modern | Miriam Vera      |
| 7. “Stand Out”       | Int. Kick        | Brittany Watkins |
| 8. “Accessory”       | Int/Adv. Jazz    | Angela Falcone   |

### Session 3

- |                             |                        |                |
|-----------------------------|------------------------|----------------|
| 9. “In the Ayer”            | Int. Hip Hop           | Jennifer Hodge |
| 10. “Earth Intruders”       | Int/Adv. Stylized Jazz | Miriam Vera    |
| 11. “Make You Feel My Love” | Int./Adv. Lyrical      | Angela Falcone |
| 12. “I Hate This Part”      | Int./Adv. Pom          | Tasha Evans    |

## Technique Class Descriptions

**Introduction to Level One Technique** will provide your dance officer with the fundamental styles of dance technique. This class is designed for the dance officer who wants to get back to the basics or who will be teaching new dance team members. Learn the positions of the feet and arms, as well as establish proper alignment and turnout. Dancers will also learn basic dance vocabulary. This is a great introduction to dance for those who want to learn or review the fundamentals of dance technique or for students transitioning from other of types of movement studies. Progressions, turns, leaps, and jump combinations will be taught.

**Step Up to Level Two Technique** will provide your dance officer with a more challenging level of dance technique. This class is designed for the dance officer who wants to enhance her technique or who will be teaching the intermediate members of the team. Proper alignment and turnout will be taught as well as upper level skills for jumps and turns. Progressions, turns, leaps, and jump combinations will be taught.

**PRO Level Three Technique** will provide your dance officer with advanced level dance technique. This class is designed for the dance officer who wants to maintain and improve her dance technique as well as maintaining peak performance and technique for your team. Progressions, turns, leaps, and jump combinations will be taught.

### Level One (Introduction)

Single Pirouettes, Turns: Pique, Tour, Pencil, Coupe; Grand Jete, X-Jump, C-Jump, Pas De Bouree, Chasse, Toe Lift, Tilt and Pitch Kick

### Level Two (Step Up) Prerequisite Level One Technique (Introduction)

Double Pirouettes with Variations, Axle Turns and Variations, Switch Leap, Beginning Russians and Half Russians, Single Fouetté Turn, Single A la Second Turn, Double Attitude Turn, Reverse Turns

## Level Three (Pro) Prerequisite Level One (Introduction) and Level Two (Step Up)

Triple and Quad Pirouettes with Variations, Fouette Turns with Changing Directions of Spots, Turns in 2nd Position, Switch Leaps with Variations, Russians , Switch Centers, Extensions – Needle, Turning Leg Extension, Calypso, Turning C Jumps, Illusions, Diagonal Pump Leap

## Team Performance Order

Airline HS Blue Angels	Becky Barrish
Barbers Hill HS Eaglettes	Melanie Gray
Barbers Hill HS <b>Social Officers</b>	Melanie Gray
Columbia HS Dancin' Dolls	Lauren Jones
Columbia HS <b>Social Officers</b>	Lauren Jones
Diboll HS Dazzlers	Laura Bass
Ennis HS Lionettes	Stephanie Reese
Ennis HS <b>Social Officers</b>	Stephanie Reese
Georgetown HS Georgettes	Phaedra Walker
Houston Christian HS Silver Spurs	Courtney Sanders
Houston Christian HS <b>Social Officers</b>	Courtney Sanders
Jack Yates HS Lionettes	Val Clouser
Jack Yates HS <b>Social Officers</b>	Val Clouser
John Paul II HS Cardinal Belles	Kristina Steinhauser
John Paul II HS <b>Social Officers</b>	Kristina Steinhauser
Livingston HS Emerald Belles	Jami Alexander
Livingston HS <b>Social Officers</b>	Jami Alexander
Lutheran South Academy Strutters	Marissa Morris/Diane Morris
Nacogdoches HS Dragonettes	Lisa Fuller
Navasota HS Diamonettes	Allison Dale
Navasota HS <b>Social Officers</b>	Allison Dale
Nederland HS Westernaires	Laura Kendrick
Nimitz HS Starboard Angels	Rosa Lopez
Parkway HS Black Cat Revue	Leigh Wolf
Picayune Memorial HS Pride of the Tide	Jessica Greulich
Randolph HS Cadettes	Erin Jones
Raul Yzaguirre School Ladies of Elegance	Barbara Ramirez
Riverside HS Rangerettes	Arlene Garcia
Vandegrift HS Legacies	Holly Lyons
Vandegrift HS <b>Social Officers</b>	Holly Lyons
Vidor HS Brigadettes	Ginger Faul
Vidor HS <b>Social Officers</b>	Ginger Faul
Wakeland HS Legacy Line	Christina Grider/Samantha Kn
Wakeland HS <b>Social Officers</b>	Christina Grider/Samantha Kn
Waxahachie HS Cherokee Charmers	Erica Pointer
Westside HS Pride Dance Team	Brooke DeMartino
Westside HS <b>Social Officers</b>	Brooke DeMartino

